



Cabin Fever Quilts & LaRue's Country Quilts

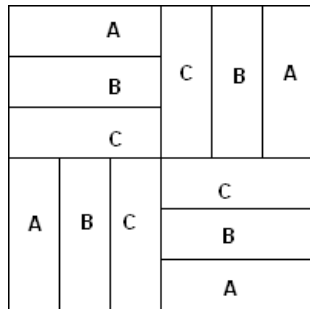
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Hotpad Blocks #1

Spirit of Saint Louis (Rail Fence)



8.5" unfinished

General Piecing Rules For This Block Style:

- Sew and press seams away from the center.
- Sew scant $\frac{1}{4}$ " seam allowances, do not open seams.
- Place first color or strip on machine face up.
- Tighten stitch length to cut through seam line.

Fabric Requirements

A. Light, outside edge: $2" \times 4 \frac{1}{2}"$, 4 pieces = 21" strip.

B. Medium, Middle: $2" \times 4 \frac{1}{2}"$, 4 pieces = 21" strip.

C. Dark, inside +: $2" \times 4 \frac{1}{2}"$, 4 pieces = 21" strip

Quilt Block Outside Border to make a 10" square: $1.5" \times 42"$

Additional Hotpad Requirements: 1 fat 16th back fabric & 8.5" square batting.

Block Assembly:

Strip Method:

1. Place "A" light colored strip face up in front of presser foot. Lay "B" the medium colored strip face down on top of strip "A" and sew. Press seam to "A" fabric.
2. Place AB strip face up on machine with B closest to the presser foot. Lay "C" dark, face down onto "B" strip and sew down length of strip. Press seam to "B".
3. Press if desired. Measure strip and trim away selvages if you have enough fabric. Cut into 4 sections of $4 \frac{1}{4}"$.
4. Assemble block as shown above with the lightest fabrics on the outside edge.
5. Press and square up block to 8.5"
6. Sew outside border on all four sides. Using either LC, 4 around center method (sew in clockwise order around center, 1,2,3, 4). Or CH Plus Order Method (top, bottom, then left and right sides).

METHODS

CHS, Plus Order "+" = 2 opposite pieces are sewn in consecutive order. Sew 2 pieces equal size to top and bottom of block, then sew 2 larger equal size pieces to left and right sides of block.. Sewing top, bottom, then left and right or vice versa. This is used in most Courthouse Steps Blocks.

LC, 4 Around Center = smallest pieces first, on left, medium size piece on top, medium size piece on right, and largest piece on the bottom, sewing around each side in clockwise or counterclockwise order. Placing pieces 1,2,3,and 4 around the center square. This method is used most in Log Cabin Blocks.

Sandwich, Pre-binding Hotpads. = Layer 100% Cotton W&N Batting square on bottom. Place back fabric face up onto batting, then place pieced block face down on top of back. Pin if needed and stitch around all four sides leaving a 2"-3" turning opening. Trim corners and turn right sides out. Then blind hem opening closed.